



HOW TO TRADE WITH COMPLETE CONFIDENCE

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Please have this outline in front of you during the webinar and fill out the blank areas during the presentation. ENJOY!

Our trading methodology is to measure the 5 “Energies” in the market:

1. **Trend**
2. **Momentum**
3. **Cycles – (timing)**
4. **Support/Resistance**
5. **Fractals (multiple time-frame charts)**

How to determine a “Probability Scenario:

1. At each potential entry point we ask: **How many of the 5 Energies are aligned in agreement (bullish/bearish)?**
2. Give each setup a score of 1-5.
3. The higher the score, the higher the probability of success.
4. We take each trade to court!
5. You need 5 **independent witnesses** to establish a “preponderance of the evidence.”

ENERGY 1: TREND

- The definition of trend: To **extend** in a **general** direction. Therefore trend cannot be measured by a short term indicator or price pattern.
- The “Rubber Band Trade” is when price bars are **above** the 50 SMA.

ENERGY 2: MOMENTUM

- Momentum can **lead** price action.
- It defines whether a trend is **strong** or **weak**.

ENERGY 3: CYCLES

- Cycles determine the best **time** to enter (the “x axis”).
- Cycle do not determine how far the market will move (momentum tells you that).

ENERGY 4: SUPPORT/RESISTANCE

- Determine the best price level to enter (the “y axis”).
- You need to add momentum and cycles to determine WHICH support/resistance level the market will bounce off.

ENERGY 5: FRACTALS (USING MULTIPLE TIME FRAMES)

- Don't use **trend** on the higher time frame because it's a lagging indicator on an already slower chart.
- Use **momentum** on the higher time frame.

THE TOP DOG “5-ENERGY METHOD:”

- Works for stocks, commodities, Forex, futures and options.
- Works for day trading, swing trading and investing.

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